

KCC

Weeks 1-3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni Cheese *2*7*	Chinese Chicken Noodles *2*4*13*	Roast Chicken Fillet with Stuffing*2 and Gravy	Pork Sausage *2with Gravy	Cod Fish Fingers *2*5
	Cauliflower Cheese Bake *2*7	Quorn & Vegetable Noodles *2*4*13	Feta and Spinach Parcels *2*4*7	Vegetable Sausages with Gravy *2	Cheese & Tomato Quiche *2*4*7
	Crispy Bread *2*13		Roast Potatoes	Mash Potatoes	Chips
	Broccoli	Sweetcorn	Spring Greens	Wholewheat Spaghetti Hoops *2	Baked Beans
	Carrots	Peas	Carrots	Sweetcorn	Peas
	Biscuit Choice *2	Lemon Drizzle Cake *2*4	Apple Crumble *2 & Custard*7	Jelly & Peaches	Chocolate Brownie *2*4 & Cream *7
Week 2	Chicken Meatballs in a Tomato Sauce with Wholemeal Pasta *2	Margherita Pizza *2*7*13	Roast Chicken with Gravy & Yorkshire Pudding * 2*4*7	Beef Fajita with Rice *2	Battered Fish *2*5
	Vegetable Pasta Milanese *2	Chickpea Curry with Naan Bread*2 & Rice *7	Veggie Toad-in-the-Hole with Gravy *2*4*7	Shepherdess Pie *2	Quorn Nuggets *2
		50/50 Rice	Roast Potatoes	Cauliflower	Chips
	Carrots	Peas	Sliced Carrots	Sweetcorn	Baked Beans
	Broccoli	Baked Beans	Runner Beans		Coleslaw*4
	Carrot Cake *2*4	Angel Delight *7	Chocolate & Orange Cake*2*4 and Chocolate sauce*7	Orange & Mango Smoothie	Jelly and Fruit
Week 3	Beef Mince Bolognese with Spaghetti *2	Sausage Roll*2*7*13*14	Roast Chicken with Gravy	Chicken Curry	Cod Fish Fingers *2*7
	Quorn Bolognese	Cheesy Whirls*2*7	Quorn Fillet & Gravy *2	Vegetable Lasagne *2*7	BBQ Quorn Wrap*2
	Garlic Bread Slice*2*13	Baked Wedges	Roast Potatoes	50/50 Rice	chips
	Carrots	Wholewheat Spaghetti Hoops*2	Cauliflower	Rainbow Vegetable Sticks	Baked Beans
	Broccoli	Peas	Carrots	Sweetcorn	Peas
	Cheese & Crackers*2**7	Cherry and Apple Flapjack*2	Berry & Banana Sponge*2*4 & Cream*7	Crispy Chocolate Cornflakes Clusters *2	Ice Cream*7

Freshly Baked Bread, Filled Jacket Potatoes, Salad, Fresh Fruit and Yogurts are available daily.

1*CELERY 2*GLUTEN 3*CRUSTACEANS 4*EGGS 5*FISH 6*LUPIN 7*MILK 8*MOLLUSCS 9*MUSTARD 10*NUTS 11*PEANUTS 12*SESAME 13*SOYA 14*SULPHUR D